



The Navajo Nation  
Office of the President and Vice President

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FOR IMMEDIATE RELEASE  
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## Over four-day period, 13 new cases and four deaths related to COVID-19 reported, 45 communities identified with uncontrolled spread

**WINDOW ROCK, Ariz.** – On Tuesday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 13 new COVID-19 cases for the Navajo Nation and four deaths over a four-day period from September 3 - 6. The total number of deaths is now 1,891. 590,605 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 72,720, including 190 delayed reported cases.

Based on cases from August 19 – September 1, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 45 communities due to uncontrolled spread of COVID-19:

Bird Springs	Houck	Many Farms	Ramah	St. Michaels
Cameron	Indian Wells	Mexican Springs	Red Lake	Standing Rock
Chichiltah	Iyanbito	Nageezi	Red Valley	Tachee/Blue Gap
Chinle	Kaibeto	Nahatadziil	Rock Springs	Teecnospos
Churchrock	Kayenta	Nahodishgish	Round Rock	Thoreau
Coyote Canyon	Low Mountain	Naschitti	Sanostee	Tohatchi
Crownpoint	Lukachukai	Nazlini	Shiprock	Tsaile/Wheatfields
Fort Defiance	Lupton	Newcomb	Shonto	Tsayatoh
Ganado	Manuelito	Pinon	Smith Lake	Upper Fruitland

“We must be very cautious with the continued spread of COVID-19 and Monkeypox on the Navajo Nation. During the week of the Navajo Nation Fair, please continue to follow the three w’s, wear a fitted mask, wash your hands, and watch your distance from others. If you are feeling ill like symptoms, please get tested, and if you are sick, please stay home and isolate. Let’s keep each other safe this week,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“If you or someone in your household feels sick or has symptoms related to COVID-19, you are strongly urged to isolate and get tested as soon as possible. We all have to do our part to lessen the spread of COVID-19 in our homes and communities. Please be safe and continue to pray for our Nation,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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# THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

September 6, 2022

## Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 94 —Safety Precautions

**WINDOW ROCK, AZ** – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates August 19 – September 1, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Bird Springs	Houck	Many Farms	Ramah	St. Michaels
Cameron	Indian Wells	Mexican Springs	Red Lake	Standing Rock
Chichiltah	Iyanbito	Nageezi	Red Valley	Tachee/Blue Gap
Chinle	Kaibeto	Nahatadziil	Rock Springs	Teenospos
Churchrock	Kayenta	Nahodishgish	Round Rock	Thoreau
Coyote Canyon	Low Mountain	Naschitti	Sanostee	Tohatchi
Crownpoint	Lukachukai	Nazlini	Shiprock	Tsaile/Wheatfields
Fort Defiance	Lupton	Newcomb	Shonto	Tsayatoh
Ganado	Manuelito	Pinon	Smith Lake	Upper Fruitland

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<b>People at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Older Adults</li><li>• Cancer</li><li>• Chronic kidney disease</li><li>• Chronic obstructive pulmonary disease</li><li>• Heart conditions</li><li>• Immunocompromised state</li><li>• Obesity and severe obesity</li><li>• Pregnancy</li><li>• Sickle cell disease</li><li>• Smoking</li><li>• Type 2 diabetes mellitus</li></ul>	<b>Might be at Increased Risk for Severe Illness</b> <ul style="list-style-type: none"><li>• Asthma</li><li>• Cerebrovascular disease</li><li>• Cystic fibrosis</li><li>• Hypertension or high blood pressure</li><li>• Immunocompromised state</li><li>• Neurologic conditions, such as dementia</li><li>• Liver disease</li><li>• Overweight</li><li>• Pulmonary fibrosis</li><li>• Thalassemia</li><li>• Type 1 diabetes mellitus</li></ul>
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.